



EDEN HALL

NOTTINGHAMSHIRE

TWILIGHT SPA MENU

· TO EAT ·

Thai yellow chicken curry, jasmine rice (GF,DF)

Slow-cooked beef tagine, chickpeas, pomegranate,
Moroccan style cous cous

Superfood bowl, flaked salmon, grated carrot, quinoa, edamame, cucumber,
lemon and herb dressing (GF,NF,DF)

Grilled halloumi salad, roasted peppers, courgettes, basil oil,
balsamic glaze (V,GF,NF)

Chilli sweetcorn and courgette fritters, guacamole, pineapple salsa (VG,GF,NF)

· TO ACCOMPANY ·

Sweet potato fries, blue cheese dip (V) £5 | **Garlic and pesto ciabatta** (V) £5

Grilled halloumi (V,GF,NF) £5 | **Rocket, Italian hard cheese, balsamic** (V) £5

· TO FINISH ·

Please speak to your server for a daily selection of desserts

V - VEGETARIAN | VG - VEGAN

GF - DOES NOT DIRECTLY INCLUDE INGREDIENTS CONTAINING GLUTEN

DF - DOES NOT DIRECTLY CONTAIN DAIRY | NF - DOES NOT DIRECTLY CONTAIN PEANUTS OR NUTS

Please speak to your server should you have any allergen or intolerance concerns.

As our dishes are freshly prepared in-house, we may be able to amend meals to suit, however, due to the variety of produce in our kitchens, we cannot guarantee that any dish is free from potential allergens, including where indicated above. Fish dishes may contain small bones.

Scan the QR code to view menu with calories. Please note, the recommended daily intake for adults is 2000 kcal a day.

